

CPR & DEFIBRILLATOR AWARENESS TRAINING

FREE 2 HOUR SESSION

**SATURDAY 22ND JUNE 2019
AT 9.30 AM
STOW YOUTH CLUB**

Build your confidence, learn CPR and defibrillator use.
Interactive and informal.

- **Sudden Cardiac Arrest** – how to recognise it
 - **Dialling 999** – what to expect
- **How to do CPR** and why – practical demonstration including using defibrillator

To register your interest please contact the Town Clerk

ALL WELCOME
Refreshments will be served

Organised by Stow-on-the-Wold Town Council
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